



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MIDDLE SCHOOL NIGHT OUT



**Middle Schoolers:  
This one's for you!**

**Next Date: Friday March 8, 7:30-10pm**

Join us the second Friday of the month throughout the school year for our special Middle School Night Out program. Specifically tailored for 5th to 8th graders, the night revolves around socializing with friends and being active at the Y.

## **NEW! Middle School Night Out Activities**

7:30-8pm: FIT (Fun Interactive Training Room) featuring Exergame Fitness Equipment, Ping Pong, Snack

8-9pm: Open Swim

9-10pm: Open Gym with Basketball Knockout Tournament at 9:30



\$10 for Full FSPY Members

\$15 for Program/Community Members

Parents must sign a waiver.

Register at the Welcome Center.