

# *Fanwood Recreation*

## **WINTER PROGRAMS 2017**

Looking for something fun and different to do? Check out these programs from Fanwood Recreation!

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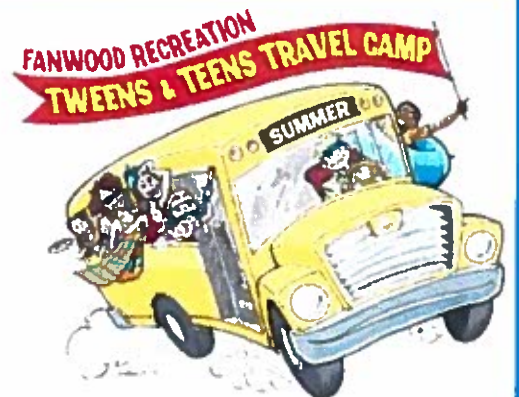
**Register ONLINE at [fanwoodrecreation.org](http://fanwoodrecreation.org)**



The **Fanwood Ice Skating Rink** in LaGrande Park will be opening soon (weather permitting). Check **[fanwoodrecreation.org](http://fanwoodrecreation.org)** for the announcement about its opening!



Registration will begin soon for the **Fanwood Recreation Summer Park Program** and **Fanwood Tweens & Teens Travel Camp**! Check **[fanwoodrecreation.org](http://fanwoodrecreation.org)** and school e-fliers for an announcement about the date registration opens for these programs.



# FUN & GAMES



## **LEGO CLUB**

Begins 1/27. Fridays, 3:45–4:45 PM.  
7 weekly sessions.

Let's Build Cool Lego creations! Use your imagination to make your own or have fun building from kits! Star Wars, Super Heroes, Minecraft, Lego Friends, Mixels and much more. All

your projects will be photographed, and at the end of the session you will be able to choose a brand new Lego to take home and build yourself! Have a Blast Making New "Lego" Friends!! All materials provided.

**Location:** La Grande Park building

**Grades:** K–6

**Price:** \$95

## **SCHOOLHOUSE CHESS**

Begins January 26<sup>th</sup>, ends March 16<sup>th</sup>. Thursdays, 4–5 PM.  
8 weekly sessions.

Let us introduce you to the chess kingdom where you'll meet the many characters that play for the chance to outsmart the rival king and his subjects. Discover our unique story behind why we play chess. Learn the rules, strategies and tactics to best defeat your opponent and win the right to call yourself a chess master! Challenge your classmates to an exciting game of chess to test out your skills. Take home your own magnetic chessboard and strategy guides to continue the fun at home.

Presented by Mad Science of Union & Hudson.

Questions? Contact Mad Science at (973) 542-8366, [info@madscienceunionhudson.com](mailto:info@madscienceunionhudson.com) or check out our website <http://unionhudson.madscience.org>

**Location:** La Grande Park building

**Age:** Grades 1-6

**Price:** \$115

minimum 8, maximum 20

## **Writopia Lab: Creative Writing Workshops for Kids and Teens**

Writopia Lab is the tri-state region's top youth creative writing program. Our workshops—limited to 6 students each—include a mix of highly productive writing games, individualized instruction from a published author, and group feedback. Each student leaves with a polished piece of original prose.

**Schedule:**

- Creative Writing: Mondays, beginning January 9, 3:30–5 PM. No classes on 1/16 and 2/20. Ages 9–10.
- Creative Writing: Tuesdays, beginning January 10, 3:30–5 PM. Ages 11–12.
- Creative Writing: Wednesdays, beginning January 11, 3:30–5 PM. Ages 7–8.
- Creative Writing: Wednesdays, beginning January 11, 5:15–6:45 PM. Teens.

**Number of sessions:** 10

**Location:** Forest Road Park building, small room

**Price:** \$485

For more information, go to <http://www.writopalab.org/regions/nyc-metro/regions-nyc-new-jersey/half-day>

About Writopia Lab: The #1 writing program in New York City, Writopia offers workshops that have a maximum of six students and are led by a published author or produced playwright who has been fully trained in our time-tested methodology. In each of the past six years, our students have won more recognition for their writing than any other group of students in the nation. We are a non-profit that was founded in 2007 in New York City, and we have locations in Westchester, Chicago, LA, DC, Long Island, and Brooklyn.

Questions? For more information, call 908-230-2060 or visit [www.writopalab.org](http://www.writopalab.org).

Register online here: <http://www.writopalab.org/register-in-new-jersey.html>

**Register ONLINE at [fanwoodrecreation.org](http://fanwoodrecreation.org)**



# MUSIC



## GROUP FLUTE LESSONS

Students will have the opportunity to improve their flute playing, working with their peers, in a fun and non-competitive environment. Each session will consist of warmups, scales, review of school band/lesson book music, and ensemble playing. Extra music will be provided by the instructor as needed.

**Schedule:** Begins Monday, January 23rd, 8 weekly sessions. No class on 2/20.

**Time:**  
4th Grade Class (beginners) 4 – 5 PM  
5th Grade Class 5 – 6 PM

**Place:** La Grande Park building

**Fee:** \$160 for the 8-week session

**About the instructor:** Flutist Susan Graham has been teaching in the Scotch Plains-Fanwood area for over 25 years. She is a graduate of the Peabody Conservatory of Music and the Mason Gross School of the Arts. Graham performs throughout the tri-state area, both as soloist and as the member of the Orchestra of St. Peter's by-the-Sea, the Monmouth Symphony, and the early music group, Ensemble Leonarda, of which she is a founding member.

# SPORTS & FITNESS

## CHILD'S PLAY CHALLENGE COURSES

Begins January 24th. Tuesdays, 8 weekly sessions.

**Time:**  
Session 1 (ages 5–8): 4–5 PM

Session 2 (ages 8–10): 5:15–6:15 PM

The Child's Play Challenge Course is an 8-station obstacle course designed especially for kids! Each station has been carefully constructed to challenge agility, coordination, balance, speed, and endurance. In this 8-week program your child will build important gross motor skills, develop muscles, increase cardiovascular fitness, and gain confidence in a fun and playful setting. Each week of the program will focus on a specific station of the course. Through games and drills your child will develop the skills needed to overcome the obstacles and reach their desired goals. Challenges include the balance beam, teeter-totter plank, cargo net crawl, climbing wall, and tire run. It all culminates in the final week at the Crush The Course Showdown—complete with medals, certificates and an award ceremony!

**Location:** Forest Road Park building.



**Age:** 5–8, 8–10 years

**Price:** \$140

Minimum enrollment of 5 required.

**Course Master:** Matthew Borawski.

For more information go to [childsplaycc.com](http://childsplaycc.com) or call 908 616-0602. You can also find us on Facebook!

## SOCCER SQUIRTS (INDOORS!)

Offered in association with the US Sports Institute. Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games, and scrimmages.



**Location:** Forest Road Park building (indoors)

**Dates:**

Saturdays, January 14–March 11. No class on January 21. 8 sessions

Session 1: 9–10 AM

Session 2: 10–11 AM

Wednesdays, January 18–March 8. 8 sessions

Session 1: 3:30–4:30 PM

Session 2: 4:30–5:30 PM

Session 3: 5:30–6:30 PM

**Ages:** 3–5

**Price:** \$175

Fanwood Online Squirts Schedule: <http://goo.gl/ctZDBi>

For more information call 732 563 2520 or go to [USSportsInstitute.com](http://USSportsInstitute.com).

**Register ONLINE at [fanwoodrecreation.org](http://fanwoodrecreation.org)**

# Babysitting Certification Class

For 11 to 15-year olds who want to learn babysitting and childcare services. Using guidelines provided by the American Safety & Health Institute, students who successfully complete the class receive a 2-year babysitting safety certification card and manual and a 2-year CPR certification card and manual.

Learn how to deliver basic First Aid, change diapers, handle unexpected visitors or phone calls and get vital information from parents. Learn hand hygiene, food preparation safety tips, proper supervision and appropriate playtime activities.

The class also covers how to safety-proof and walk through the home before the parents leave, bedtime routines, how to safely babysit as a business, and how to perform CPR and choking procedures on all ages. 10 students maximum.

Class provides Babysitting Safety and CPR/AED books  
Class includes hands skills. Please also notify us if anyone has an allergy to hazelnuts.

About the Instructor: Melissa Padulsky, owner of Little Hearts Big World, LLC, has been an EMT in New Jersey for 14 years. She currently is a volunteer EMT with both

Fanwood and Scotch Plains Rescue Squads and has worked as a paid EMT in Clark, Linden, and Elizabeth. She has been a CPR and EMT instructor for the last 10 years, and has taught at corporate training, major public gas and electric facilities, day care centers, private agencies, and EMS agencies. She has instructor certifications from NJ State EMT, American Heart Association, National Safety Council, ECSI and American Safety and Health Institute.

Little Hearts Big World, LLC. prides itself on running quality courses, with lots of hands-on practice and realistic scenarios. Its goal is to make sure students understand why they are doing something and are confident in the skills they learn during class.

For more information call 908-322-2242, email [littleheartsbigworld@verizon.net](mailto:littleheartsbigworld@verizon.net) or go to [www.littleheartsbigworld.com](http://www.littleheartsbigworld.com)

**Time:** Thursdays, beginning January 26th, 6:30–8:30 PM, 3 sessions.

**Location:** La Grande Park building

**Ages:** 11–15

**Fee:** \$60

# Junior First Responders Program

Learn the basics of CPR, First Aid, and Fire Safety! Using guidelines provided by the American Safety & Health Institute, students who successfully complete the class receive 2-year certification cards and manuals for CPR and Basic First aid. They will also receive a certificate of completion for fire safety.

Learn how to deliver basic First Aid for emergencies such as bleeding, injury management, shock management, chest pain, allergic reaction, diabetics, and difficulty breathing. Learn CPR for all ages including the use of AED's and what to do for someone who is choking. Students will also learn what to do if there is a fire, how to set up an emergency plan including exits and where to meet, if you are trapped, what to do, and how and when to use a fire extinguisher.

10 students maximum.

Class provides CPR/AED and First Aid books and information on fire safety.

Class includes hands skills.

About the Instructor: Melissa Padulsky, owner of Little Hearts Big World, LLC, has been an EMT in New Jersey for 14 years. She currently is a volunteer EMT with both

Fanwood and Scotch Plains Rescue Squads and has worked as a paid EMT in Clark, Linden, and Elizabeth. She has been a CPR and EMT instructor for the last 10 years, and has taught at corporate training, major public gas and electric facilities, day care centers, private agencies, and EMS agencies. She has instructor certifications from NJ State EMT, American Heart Association, National Safety Council, ECSI and American Safety and Health Institute.

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**Time:** Begins Thursday, February 16th, 6:30–8:30 PM, weekly for 5 weeks

**Place:** Forest Road Park building, small room

**Fee:** \$90

**Ages:** 11–17

**Register ONLINE at [fanwoodrecreation.org](http://fanwoodrecreation.org)**

# SCIENCE & TECHNOLOGY

## JUNIOR SCIENTISTS LAB

Begins January 25th, Wednesdays,  
4:30–5:15 PM. 6 weekly sessions.

This program is all about making learning science fun! Using fully hands-on activities and experiments, we explore the basics of biology, chemistry, physics, engineering, technology, earth science and green science. If your child would enjoy creating fun and safe chemical reactions, designing and constructing structures, experimenting with physical forces, and tinkering with technology, then this is the program for them! All new activities and experiments for returning students!

Presented by Smartycat Kids Children's Enrichment Programs. Questions? Contact Smartycat Kids at (732) 762-5022, [info@smartycatkids.com](mailto:info@smartycatkids.com), or check out our website at <http://www.smartycatkids.com/>.

**Location:** La Grande Park building

**Grades:** K-3 (Students grouped by age at class.)

**Price:** \$115



## NATURE'S NEIGHBORHOOD'S WINTER GARDEN

**NEW!**

Begins January 24th. Tuesdays, 4–5 PM.

Leave the electronics at home and come play in the dirt! This 6-week program offers your child a chance to have fun, get dirty in a safe environment, and discover the basics of how a garden grows. Who knows...they may even learn to like a vegetable or two.

Can you grow beans in a glove? We will! Do birds like sesame? We'll find that out when we make bird feeders out of recycled products and our own special recipe. By the end of this session, your child will take home a seedling that they will have grown themselves.

From wildlife to wildflowers, our hands-on, nature-based activities will engage your curious child in fun experiences that will last a lifetime.

Presented by Nature's Neighborhood. To learn more, feel free to contact us at [NatNeighborhood@gmail.com](mailto:NatNeighborhood@gmail.com), or call Francene at 908-447-3013.

**Location:** La Grande Park building

**Age Range:** Grades 1-4

**Fee:** \$120

## WONDER LEAGUE ROBOTICS CLUB

Begins January 26th, ends March 16th. Thursdays,  
5:15–6:15 PM. 8 weekly sessions.

We are so excited to introduce coding and robotics to your children with Dash & Dot, the friendly robot duo from Wonder Workshop. With our help, children will learn valuable skills such as creative problem solving and teamwork. Each Fall, clubs participate in the worldwide Wonder League Robotics Competition. There is no experience required! We have the robots and tablets, and we guide the children through the lessons and challenges. New tasks for returning students! Each child receives a cool club t-shirt.

Presented by Mad Science of Union & Hudson. Questions? Contact Mad Science at (973) 542-8366, [info@madscienceunionhudson.com](mailto:info@madscienceunionhudson.com) or check out our website <http://unionhudson.madscience.org>

**Location:** La Grande Park building

**Age:** Grades 1-6

**Price:** \$115

minimum 9, maximum 15

**Register ONLINE at [fanwoodrecreation.org](http://fanwoodrecreation.org)**

# FANWOOD RECREATION REGISTRATION FORM

**NEW!!!** You can now register and pay **ONLINE!**

Go to [fanwoodrecreation.org](http://fanwoodrecreation.org), click on the online registration link and follow the instructions about how to register. **If you choose to register online, DO NOT fill out this form.**

Name \_\_\_\_\_ Age (if registrant is under 18) \_\_\_\_\_

Address \_\_\_\_\_

Name of Parent or Guardian \_\_\_\_\_

Home Phone # \_\_\_\_\_ Daytime Phone # \_\_\_\_\_

Cell Phone # \_\_\_\_\_ E-Mail \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone # \_\_\_\_\_

Program Name(s) \_\_\_\_\_ Price \_\_\_\_\_

\_\_\_\_\_ Price \_\_\_\_\_

\_\_\_\_\_ Price \_\_\_\_\_

\_\_\_\_\_ Price \_\_\_\_\_

Total Payment \_\_\_\_\_

(please attach check or money order, made out to **Borough of Fanwood/Recreation**)

Please mail or bring completed registration form and payment to:

**Borough Hall  
75 N. Martine Ave.  
Fanwood, NJ 07023  
Attention: Recreation**

Registration form and payment must be received one week (5 days) prior to beginning of program for which participant is registering.

Fanwood Recreation reserves the right to dismiss from these programs any person whose behavior is disruptive, or endangers the safety of him or herself, or others, and also to bar from these programs any person whose behavior in a past Fanwood Recreation program has been disruptive or endangered the safety of him or herself, or others.

**PLEASE GO TO NEXT PAGE.**

**YOU MUST READ AND SIGN WAIVER ON NEXT PAGE  
IN ORDER TO COMPLETE YOUR REGISTRATION.**



**PLEASE READ AND SIGN BELOW; SIGNATURE IS REQUIRED TO REGISTER**

**WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT**

In consideration of acceptance of this application and myself or my child being allowed to participate in any activity sponsored by the Fanwood Recreation Program (the "Program") located in the Borough of Fanwood, Union County, New Jersey, I hereby release, waive, discharge and covenant not to sue the Borough of Fanwood, its boards, agencies and commissions, officers, agents and/or employees (hereinafter the "Borough") from and for any and all liability, claims, demands, and causes of action, including but not limited to attorneys' fees and costs of suit, arising out of or relating to, any bodily injury and/or property damage, loss or other damage, that may be sustained by myself or my child, whether caused by the Borough or otherwise, in connection with any activity sponsored by the Program.

1. I am fully aware of the risks associated with participation in the Program and am fully aware that there may be risks unknown associated with the Program. I voluntarily assume full responsibility for any risk of injury, loss and/or damage, personal and/or property, whether caused by the Borough or otherwise.
2. I further hereby agree to indemnify and save and hold harmless the Borough from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys' fees it may incur relating to or arising out of my or my child's involvement in any activity sponsored by the Program, whether caused by the negligence of the Borough, or otherwise and to reimburse the Borough for any such expenses incurred, also subject to New Jersey law.
3. I grant permission to the Borough to use any photographs, motion pictures, recordings or any other record of this Program with or without my or my child's name both single or in conjunction with other persons or objects for any and all purposes, including but not limited to private or public presentations, advertising, publicity and promotions relating thereto.
4. It is my express intent that this Release shall bind myself, my family, children, heirs, executors, assigns and personal representatives and shall be deemed as a Release, Waiver, Discharge and Covenant Not To Sue the Borough.

I acknowledge and represent that:

- A. I have read the foregoing release, understand it, and accept it voluntarily as a free act and deed;
- B. I acknowledge that the Borough has encouraged me to consult my own attorney and I have independently determined not to engage my own counsel, recognizing the risks in doing so;
- C. No oral representation, statements or inducements, apart from the foregoing written agreement have been made;
- D. I am at least (18) years of age, fully competent and the legal guardian of the Minor;
- E. I agree to this Release for full, adequate and complete consideration, i.e. permission to participate in any activity sponsored by the Program, fully intending to be bound by the same; and
- F. I have the right to authorize the foregoing using and hereby agree to hold the Borough harmless of and from any and all liability to whatever nature that may arise out of or result from such uses.

By signing my name below, I certify that I have read, understand and agree to the above Release and that all information submitted is correct to the extent of my knowledge.

Name of Program: \_\_\_\_\_ Start Date: \_\_\_\_\_  
(month/year)

Name of Child (please print): \_\_\_\_\_

Name of Parent or Guardian (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_