## Remember:

**Phones Down, Eyes Up™ while at the pool or waterfront.**

- Checking your phone may seem like a quick task, but it can quickly become a distraction—and distractions around the water can have major consequences.
- That's why families should always assign a Water Watcher—an adult who maintains visual contact with all children playing in or near the water.

Take the Y's Water Safety Pledge and learn more about the layers of protection you can put in place to help keep kids safe around water, this summer and all year long.

**PhonesDownEyesUp.org**

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