

Girls Youth Lacrosse Camp LOCATION: Scotch Plains Fanwood High School- Perry Tyson Field DATE: July 21st-24th, 2025, Rain Date July 25th GRADES: K -8th TIME: 9AM-12:00PM

PURPOSE OF THE CAMP: The purpose of the camp is to provide a skills'-based lacrosse camp to youth entering grades K through 8. This is an instructional camp designed to teach basic fundamentals of lacrosse. The emphasis will on individual skills and techniques, players offensive and defensive skills, stickwork, and small sided games. Daily prizes, camp theme days, and much more!

ELIGIBILITY: This camp is designed for players entering grades K – 8th in the fall of 2025. Campers will be grouped according to position, experience, ability, and age.

WHAT TO BRING: Campers should bring: lacrosse stick, mouth-guard, goggles, water bottle, & snack.

PROGRAM: The camp will be run be by SPF's lacrosse head coach as well as current SPF high school

Fee: The registration fee is \$180.00. This fee includes a camp t-shirt as well. Sibling discount: \$25 off additional child Questions? Contact: Virginia Schoenhaus: vcweber19@gmail.com

"This camp is independent and not affiliated with the Scotch Plains-Fanwood Board of Education. Participation is in no way a requirement for students wishing to play on the District Sports teams."

> To Register: Follow link below and QR Code 2025 Xtra Edge Camp Registration

