



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MIDDLE SCHOOL NIGHT OUT



Join the Fanwood-Scotch Plains YMCA the second Friday of the month throughout the school year for our special Middle School Night Out program. Specifically tailored for 5th to 8th graders, the night revolves around socializing with friends and being active at the Y.

JOIN IN THE FUN!

Upcoming Dates: Jan. 10, Feb. 14, March 13, April 10 and May 8

7-8pm: FIT (Fun Interactive Training Room) featuring Exergame Fitness Equipment, Ping Pong, Snack

8-9pm: Open Swim

9-10pm: Open Gym with Basketball
Knockout Tournament at 9:30

\$10 for Full FSPY Members

\$15 for Program/Community Members

Parents must sign a waiver.

Register at the FSPY Welcome Center.

